

Illinois Department of Public Health

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| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: IL6014906 | (X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING: _____ | (X3) DATE SURVEY COMPLETED 02/18/2016 |
| NAME OF PROVIDER OR SUPPLIER ARIA POST ACUTE CARE | | STREET ADDRESS, CITY, STATE, ZIP CODE 4600 NORTH FRONTAGE ROAD HILLSDALE, IL 60162 | | |
| (X4) ID PREFIX TAG | SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) | ID PREFIX TAG | PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY) | (X5) COMPLETE DATE |
| S9999 | <p>Final Observations</p> <p>STATEMENT OF LICENSURE VIOLATIONS</p> <p>300.610a) 300.1210b) 300.1210d)5) 300.3240a)</p> <p>Section 300.610 Resident Care Policies</p> <p>a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting.</p> <p>Section 300.1210 General Requirements for Nursing and Personal Care</p> <p>b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident.</p> <p>d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour,</p> | S9999 | | |

Attachment A
Statement of Licensure Violations

Illinois Department of Public Health
LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

03/14/16

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| S9999 | <p>Continued From page 1</p> <p>seven-day-a-week basis:</p> <p>5) A regular program to prevent and treat pressure sores, heat rashes or other skin breakdown shall be practiced on a 24-hour, seven-day-a-week basis so that a resident who enters the facility without pressure sores does not develop pressure sores unless the individual's clinical condition demonstrates that the pressure sores were unavoidable. A resident having pressure sores shall receive treatment and services to promote healing, prevent infection, and prevent new pressure sores from developing.</p> <p>Section 300.3240 Abuse and Neglect</p> <p>a) An owner, licensee, administrator, employee or agent of a facility shall not abuse or neglect a resident. (Section 2-107 of the Act)</p> <p>THESE REGULATIONS WERE NOT MET AS EVIDENCED BY:</p> <p>Based on observation, interview and record review, the facility failed to conduct a comprehensive assessment; develop and implement individualized interventions to attempt to stabilize and reduce the underlying risk factors; and failed to implement an individualized repositioning plan to promote healing.</p> <p>This resulted in the development of facility acquired pressure ulcers to:</p> <p>(1) R 15 an Unstageable pressure ulcer on the sacrum;</p> <p>(2) A sacral Stage II pressure ulcer on R 4 ' s sacrum.</p> <p>This applies to 2 of 3 residents (R 15 and R 4) reviewed for pressure ulcer in the sample of 25 residents.</p> | S9999 | | |

Illinois Department of Public Health

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NAME OF PROVIDER OR SUPPLIER

STREET ADDRESS, CITY, STATE, ZIP CODE

ARIA POST ACUTE CARE

**4600 NORTH FRONTAGE ROAD
HILLSDALE, IL 60162**

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| S9999 | <p>Continued From page 2</p> <p>The findings include:</p> <p>(1) R15 admitted to facility on 7/16/2015 with multiple pressure ulcers to include a sacral stage 2 pressure ulcer 0.5 cm (centimeters) X 0.5 cm. This wound was healed 7/30/2015.</p> <p>R15's 7/16/15, 7/23/15, 7/30/15, 8/06/15 and 8/25/15 Bradon scores were 13, only moderate risk for skin breakdown.</p> <p>R15's 7/22/2015 minimum data set assessment (MDS), include requires 2 person assist with bed mobility and total assist by staff with transfers, ambulation, hygiene, bathing and toileting. R15 is assessed with cognitive severe deficits and always incontinent of both bowel and bladder.</p> <p>R15's 7/22/2015 Care Area Assessment (CAA), include R15 is at risk for skin breakdown, totally dependent for all areas of activities of daily living (ADL's) and is always incontinent of bladder and frequently incontinent of bowel.</p> <p>R15's 8/25/2015 wound progress note documents initial observation of an acquired unstageable 8.0 cm X 6.0 cm X 0 sacral pressure ulcer.</p> <p>E21's 8/25/2015 progress note of R15's sacral wound include: at 1:54 PM, upon observation, R15 observed to have an unstageable sacral wound, with a heavy amount of drainage but no odor. Bradon score reassessed at 13 (moderate risk for skin breakdown), due to comorbidities of cognition deficit, dementia, multiple sclerosis, muscle weakness, mixed hyperlipidemia, hypertension and closed fracture.</p> | S9999 | | |

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| S9999 | <p>Continued From page 3</p> <p>Facilities 8/25/2015 picture of R15's newly acquired sacral wound presents with "boggy," necrotic soft adherent black colored thick tissue covering 100 percent of the wound opening and a heavy amount of purulent drainage.</p> <p>R15's care plan for skin breakdown, did not include any individual interventions to prevent acquired wounds and promote healing of existing pressure sores.</p> <p>On 02/10/2016 at 10:00 AM, E1 (Administrator) and E2 (Director of nurses) provided a document "understanding the Kennedy terminal ulcer." This document include that the wound usually starts out as a blister or a stage two and can rapidly progress to a stage three or four.</p> <p>There is no documentation of any sacral skin changes between 7/31 - 8/25/2015 observation of the unstagable large necrotic sacral wound.</p> <p>During 02/10/2016, 11:00 AM interview, E21 (wound care coordinator), stated E21 would not call R15's stage 4 sacral wound as a "Kennedy Terminal Ulcer." E21 also stated R15 required at least every two hour repositioning and incontinence care.</p> <p>During 02/11/2016 1:00 PM telephone interview, Z1 (wound care physician), stated when Z1 first observed R15's sacral wound (8/26/2015), Z1 felt the wound was unstageable due to 90% dark yellow slough covering the wound base. Z1 said R15 's sacral wound is most likely due to lower extremity contractures causing increased pressure on sacrum. Z1 does not want to call R15's 8/25/2015 acquired sacral pressure ulcer a "Kennedy terminal ulcer." Z1 stated R15 would benefit from more frequent position changes</p> | S9999 | | |

Illinois Department of Public Health

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| S9999 | <p>Continued From page 4</p> <p>(more than every two hours).</p> <p>On 02/08/2016 at 12:42 PM, 02/09/2016 at 9:30 AM, 10:15 AM and 2:10 PM and 02/11/2016 at 10:14 AM R15 observed wearing a disposable incontinence brief and lying on top of a thick incontinence pad that was between R15's skin and the low air loss mattress.</p> <p>On 02/11/2016 at 10:14 AM, R15 observed in bed with bilateral lower extremity flexion contractures of knees and hips. R15's inner knees were touching together without padding. R15 has a history of left inner knee skin break down (7/16 - 7/30/15). R15's head of bed was elevated to a 45 degree angle, causing increased pressure on sacral wound. R15 also observed with a wet incontinence brief in place.</p> <p>On 02/11/2016 at 10:20 AM, E6 (nurse aid), observed to change R15's urine soaked incontinence brief without cleansing the entire perineum and buttocks with soap and water prior to applying another incontinence brief. E6 only used a water wet towel and wiped off the supra perineum and buttocks but not inside his groin area. While E6 turned R15 in bed, the lower half of R15's sacral wound dressing observed with large amounts of serous drainage soaked through the dressing.</p> <p>(2) On February 8, 2016 at 8:20 AM, R 4 was sitting in the dining room with a trunk restraint (lap belt); at 9:00 AM R 4 breakfast tray was served; at 11:00 AM an activity program was started (sit and fit) R 4 was noted to be sleeping at this time. At 12:30 PM, R 4 ' s lunch tray was served at 1:30 PM. R 4 was not repositioned or taken to the toilet from 8:20 AM through 1:30 PM. On February 09, 2016 at 8:20 AM, R 4 was sitting</p> | S9999 | | |

Illinois Department of Public Health

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| S9999 | <p>Continued From page 5</p> <p>on a wheelchair in the dining room with a trunk restraint and a chair alarm. At 8:45 AM, R 4 ' s breakfast tray was served followed by activities at 10:20 AM in which R 4 was not actively participating. R 4 stayed in the dining room from 8:20 AM through 12:35 PM without being repositioned or toileted.</p> <p>On February 09, 2016 at 12:45 PM during treatment observation with E 21 and E 22 (Treatment Nurses) showed R 4 pressure ulcer on the sacrum and explained this area was noted at Stage II acquired in the facility. E 22 measured the wound at 1.0 cm X 0.5 cm.</p> <p>On February 03, 2016 R 4 wound assessment details report showed this wound was only 0.30 cm in length X 0.3 cm in width and with 0.2 cm depth.</p> <p>The wound assessment details report dated February 03, 2016 this wound was measured at 0.30 cm in length X 0.3 cm in width and with 0.2 cm depth.</p> <p>At 2:09 PM, E 22 explained that the facility has no comprehensive assessment to analyze whether this pressure ulcer was avoidable or unavoidable. E 22 said the facility comprehensive assessment is the wound doctor ' s weekly note (wound assessment details report).</p> <p>R 4 ' s quarterly Minimum Data Set with Assessment Reference Date of January 02, 2016 showed R 4 has severe impairment in cognition (scored at 3) and needs extensive assistance with one physical assist for activities of daily living.</p> <p>On February 9, 2016 at 9:23 AM E 14 (Certified Nursing Assistant/Restorative Aide) described R 4 as confused, will cry occasionally to get attention especially if she needs to go to the bathroom. E 14 stated, " No, she (R 4) is unable to reposition herself when in chair or in bed. "</p> | S9999 | | |

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| S9999 | <p>Continued From page 6</p> <p>R 4 ' s pressure ulcer plan of care dated January 17, 2016 to reposition R 4 every two hours was not followed on February 8, 2016 from 8:20 AM through 1:30 PM and on February 9, 2016 from 8:20 AM through 12:35 PM.</p> <p>(B)</p> <p>300.7040a) 300.7030a)</p> <p>Section 300.7040 Activities</p> <p>a) The unit's activity program shall use ability-centered care programming.</p> <p>Section 300.7030 Ability-Centered Care</p> <p>a) Ability-centered care programming, also called activity-focused programming, recognizes the resident's abilities and competencies in care planning. Tasks are adapted and modified to provide for the resident's involvement at the maximum level of the resident's ability. Ability-centered care programming embraces the following concepts: activities are every event, encounter, and exchange with a staff member, volunteer, relative, or other individuals; activities are redefined as traditional (i.e., work related, recreational) and nontraditional (i.e., bathing, eating, walking); both independent and structured events are used.</p> | S9999 | | |

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| S9999 | <p>Continued From page 7</p> <p>These regulations are not met:</p> <p>Based on observation, interview and record review, the facility failed to provide activities that are compatible with residents' known interests and preferences.</p> <p>This applies to 5 of 6 residents (R4, R13, R19, R20 and R22) in the sample of 25 residents residents reviewed for resident centered activities.</p> <p>The findings include:</p> <p>The facility has a census of 68 residents per Memory Impairment Unit roster. The facility per their Brief Interview for Mental Status (BIMS) identified 54 residents have severe cognition impairment with BIMS score of 0-8; and 14 residents have moderate cognition impairment with a BIMS score of 8-15. The facility had no planned activities based on their cognition ability.</p> <p>On February 08, 2016 at 10:00 AM, 60 out of 68 residents in the second floor were in the dining room for activity program with two Activity Aides (E 10 and E 11).</p> <p>On February 09, 2016 at 10:30 AM 57 residents in the second floor were in the dining room for activity program with two Activity Aides (E 10 and E 11).</p> <p>The Activity calendar dated February 8, 2016 showed "sit and be fit" marked for high and mid-level group. There were two residents actively participating with the Activity Aides, others are just sitting and staring blankly. During this activity nine</p> | S9999 | | |

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| S9999 | <p>Continued From page 8</p> <p>residents were sleeping. R13 sat out side of the group in dining room in her wheel chair restrained with a lap belt and she had her down. R 19 was noted wandering around the dining room. The Brief Interview for Mental Status sheet presented on February 09, 2016 showed these residents sleeping in the group were identified with severe cognitive deficit.</p> <p>On February 08, 2016 at 1:00 PM E 8 (Unit Coordinator) presented the second floor activity calendar for the entire month for February 2016. E 8 explained there is only one group of activity daily but there was a small dining room where some residents can go if they do not like to be with the big group. This room has no activity staff or ongoing program.</p> <p>1. R13's admission record showed she was admitted to the facility on 9/27/10 with multiple diagnoses including Dementia with behavior disturbances. R13's 5/6/15 Minimum Data Set (MDS) section 'C' BIMS score showed '0' meaning she has severe cognition impairment, Section 'F' showed interests of activities included listen to music.</p> <p>On 2/8/16 R13 sat out side of the group in dining room in her wheel chair restrained with a lap belt and she had her down. On 2/9/16 music was on, but R13 was not part of the group.</p> <p>R13's memory care activity plan of care response report showed the response being '0', but the facility did not revise activity plan of care approaches. One of the intervention for use of restraints showed to provide a meaningful program of activities that accommodates restraint use without all without drawing unwanted</p> | S9999 | | | |

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| S9999 | <p>Continued From page 9</p> <p>attention and provide restraint free time during activities when possible to supervise closely. On two days (2/8/16 and 2/9/16) R13 did not participate in activities and the staff did not engage R13 to engage in activities.</p> <p>2. The Minimum Data Set dated January 11, 2016 showed it is very important for R 20 to have books, newspapers and magazine to read and listen to music. R 20 was not provided with these items.</p> <p>On February 8 and 9, 2016 R 20 was noted to be sleeping during activities from 10:30 AM through 11:30 AM. The activity plan of care dated January 5, 2016 shows to cue and prompt R 20 to maximize participation and promote response, this intervention was not followed.</p> <p>On February 09, 2016 at 10:30 AM through 11:30 AM, R 4 was noted to be sleeping on and off during activities and at times crying out loud asking to be toileted, crying for her book or a stuff animal away from her reach. There was no staff intervention noted.</p> <p>3. R 4 Minimum Data Set dated January 2, 2016 identified R 4 with severe cognitive problem (scored at 3). The activity preferences of R 4 include reading books, newspapers and magazine and to listen to music.</p> <p>R 4 activity plan of care dated January 4, 2016 showed will include personal preferences and focus on abilities that R 4 continues to have and to encourage conversation about past events that are positive. This was not implemented from February 8 through February 10, 2016.</p> | S9999 | | |

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| S9999 | <p>Continued From page 10</p> <p>On February 10, 2016 at 9:23 AM, E 11 (Certified Nursing Assistant) expressed that most of the time R 4 will sit in the dining room , will cry out at times for things that she needs like if she wants to go to the bathroom or if she like her book. She has period of confusion but if you have a lot of time she can talk, she can understand and follow commands. "</p> <p>On February 8, 2016 at 10:30 AM, R 19 was sitting in the dining room during activities with family members at 12:00 PM, R 19 started to wander all over the dining room and in the hallway.</p> <p>5. R 19 Minimum Data Set dated November 10, 2016 identified R 19 with severely impaired cognition (scored at 0). The activity preferences of R 19 include reading books, newspapers and magazine and to listen to music. The activity care plan dated October 6, 2015 showed R 19 will dance or tap, clap with staff, will be cue and prompted in order to maximize participation and to promote response. These interventions were not implemented.</p> <p>On February 09, 2016 at 12:03 PM, E 11 explained, " she (R 19) wanders all over so we just let her. She really does not understand things anymore. I am not sure if she (R 19) would like to sit and read. "</p> <p>On February 10, 2016 at 11:11 AM, the Activity Aides stated, " we always have a big group, almost all of the residents are here. It is a big group but we do the best we can! No there was no other groups (low or high functioning), we do not separate the residents. "</p> <p>On February 11, 2016 at 11:00 AM, E 8 was unable to provide any documentation that the</p> | S9999 | | |

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| S9999 | Continued From page 11 facility assess and implemented a program based on the identified strength and preferences of each residents. E 8 also expressed that the activities are no planned are no different for high or low functioning residents. 6. R22's admission record showed he was initially admitted to the facility with multiple diagnoses including Alzheimer's Disease and Dementia with behavior disturbances . R22's 1/27/16 social service assessment and MDS 12/30/15 showed his BIMS score being '0,' meaning he has severe cognition impairment, could not be engage in conversation. On 2/8/16 R22 was in 'sit and be fit' activity sitting in his chair dozing. R22's 12/24/15 Nurses Notes showed he speaks little English, mainly speaks Polish. The activity staff (E10 and E11) did not attempt to engage R22 to participate. (No Violation) | S9999 | | |